

## The Reality Activities of Student Basketball Club at Thethai Nguyen University of Technology

Luu Thanh Nga, Truong Duc Huy

( Thai Nguyen University of Technology, Vietnam)

**ABSTRACT:** By routine research methods in physical training and sports, we assess the actual status of activities of student basketball clubs at Thai Nguyen University of Technology , then propose some solutions to improve the effectiveness of the club's activities in particular, and improve the extracurricular activities of the University of Technology's students in general.

**Keywords** - Club, Basketball, students, extracurricular activities, Thai Nguyen University of Technology.

### I. INTRODUCTION

Recent years, physical education and extra-curricular sports activities of students of Thai Nguyen University of Technology have been paid special attention by the Board of Directors and schools. Has yielded certain results. Student sports clubs such as football, basketball, basketball, badminton, martial arts here have developed strongly, attracting many students to participate, especially basketball club although it is a sport. Newly developed in Thai Nguyen but also chosen and practiced by many students.

However, the activities of student sports clubs in general and basketball clubs in particular still have many limitations such as: still spontaneous, lack of organization, there is no evaluation of the effectiveness of the club's activities. Sanctions to encourage students to practice, standards for assessing the level of trainees... Therefore, the club's operation is not really effective, and this issue has not been studied by any authors so far. Stemming from the above reasons, I boldly choose to conduct research: "The reality of the student basketball club at the Thai Nguyen University of Technology".

In the research process, we use the following methods: Method of synthesis and analysis of documents; Interview method; Methods of pedagogical observation; Statistical Mathematical Methods.

### II. RESEARCH RESULTS

#### 1. Actual situation of management of student basketball club at University of Thai Nguyen Technology.

With the attention of the Party Committee, the School's Board of Directors, the work of physical education in general and the sports club for students in particular has made significant progress in recent years. The effectiveness of physical education and the development of student sports clubs play an important role in developing students in the direction of improving health, meeting the higher requirements of the period of renovation and construction. a healthy cultural and sports life, minimizing unhelpful activities. However, the activities of the clubs are still spontaneous, the management of the sports clubs of the University is only done through the guiding documents and lacks the synchronization between the functional units.

To clarify this issue, we conducted interviews with the lecturers of physical education, the management board of student basketball clubs, the coaches of student basketball teams of the Thai Nguyen University of Technology. Thai Nguyen on the management of the club's activities. The results are shown in Table 1:

**Table 1. Interview results on the management of student basketball club activities Thai Nguyen University of Technology ( n = 32 )**

Ordinal	Content management activities	Frequent		Seldom, no often, rarely		Unfulfilled	
		Times	%	Times	%	Times	%
<b>A</b>	<b>General Management</b>						
1	Build Operation and development plan of the basketball club	6	18.8	16	50	10	31.3
2	Develop rules and regulations for the operation of the basketball club	8	25	15	46.9	9	28.1
3	Reward and encouragement regime for students and coaches .	0	0	10	31.3	22	68.8
4	Socialization and Donation Campaign	0	0	32	100	0	0
<b>B</b>	<b>Professional management</b>						
1	Build a training process	4	12.5	25	78.1	3	9.4
2	Develop annual training plan	3	9.4	27	84.4	2	6.3
3	Develop training curriculum	3	9.4	26	81.3	3	9.4
4	Develop a plan of the club's schedule (internal competition, exchange, participation in tournaments of Thai Nguyen University, provincial and regional tournaments).	0	0	29	81	3	9.4

The results in Table 1 show that:

- Most of the management contents are only at an occasional level, some management contents such as developing an operation plan and developing the basketball club are carried out regularly but at a low level (18.8 %), x Developing regulations and operating regulations of the club is carried out regularly at 25% , the reward and encouragement regime for students, coaches, socialization and sponsorship has not been assessed yet. good (100% rated as only non-functioning often).

- The club's professional activities such as building training plans and match schedules of the student basketball club are not often through, the next plan training usually have a low rate such as building training progress 12.5 %; Develop a 9.4 % annual training plan and do not build a match schedule.

In addition to the management of the club (general management and professional management), there are many shortcomings, the management organization structure is still limited in synchronous coordination between functional units and mass organizations, so it has not been collected. Attract a large number of students to participate in activities of the club.

## 2. THE REALITY OF THE TEACHING STAFF, COACHES PARTICIPATING IN TRAINING AT CLUB

The coaching staffs of the core force club are mainly teachers of physical education and some students with good technical skills, who have joined the club for many years. The advantage of the club's training is that there are two basketball instructors, who can experience and take charge of professional coaching for coaching activities, in addition to the effective support of the club. The lecturers of the physical education subject, the students have participated in activities in the club for many years, have good technical and professional skills. In order to perform well in training, the club's board of directors divided the training into two groups: tactical technical training and physical training. The tactical training group will be assisted by basketball instructors. In charge, the physical training group will be in charge of the group of PE instructors.

The current status of the teaching staff, coaches participating in activities in the basketball club is shown in Table 2.

**Table 2. Actual Situation of Lecturers and Coaches Participating In Training at Club Basketball at Thai Nguyen University of Technology**

Ordinal	Depth	Quantity	Qualification	Note
1	Basketball Expert	2	Masters	
2	Other in-depth	3	Masters	
3	Part-time student	4	Students	

The statistics in Table 2 show that: The number of lecturers participating in the club's activities is 5 people, of which 2 are specialized in basketball, all of them have master's degrees. In addition, the club's training work is also supported by the enthusiastic support of students who have participated in the club for many years. This is a favorable condition in training, if there is timely encouragement and appropriate mechanism, the quality of professional training of the club will be increasingly improved and developed.

### 3. Actual situation of facilities for student basketball club activities school

The facilities for physical education activities in general, and for the training and practice of the basketball club in particular, are still limited: the whole school has 02 basketball courts, cement ground courts, and the quality of the pitch is down. Level, the wooden backboard is broken and loose, the light quality is not guaranteed... About the ball: currently the club has 15 balls, rubber material, this number of balls is bought by club members, although however, due to limited funding, the quality of the ball is not guaranteed. In general, the quality and quantity of pitches and balls for physical education in general and the activities of the student basketball club in particular are not guaranteed in terms of quantity and quality.

The results of the survey on facilities, yards and equipment for physical education and student basketball club activities are presented in Table 3.

**Table 3. Actual situation of yards and equipment for practice basketball club at Thai Nguyen University of Technology**

Ordinal	Yard - tools	Quantity	Material	Quality		
				Good	Medium	Not good
1	Basketball court	02	Cement floor			x
2	Basketball	15	Rubber ball		x	
3	Basketball training aids	0	0	0	0	0

Table 3 shows: Facilities for the school's basketball teaching activities Thai Nguyen University of Technology in general, serving basketball club activities for students in particular does not have support tools, not sure in terms of quantity as well as quality. Therefore, it is necessary to pay attention and invest in renovation and upgrading of the School to ensure safe and quality training conditions for each teaching and training hour of teachers and students when learning and practicing basketball.

### 4. The actual situation of training needs of the student basketball club at the Thai Nguyen University of Technology

To assess students' needs and aspirations for the basketball club, we conducted interviews with students of the school. Thai Nguyen University of Technology. The specific results are presented in Table 4.

**Table 4. Survey results on students' interest in participating in the basketball club ( n = 200 )**

Ordinal	Interview content	Result	
		Quantity	%
1	The necessity of the student basketball club:		
	- Need set	145	72.5
	- No need set	55	27.5
2	You join practice student basketball club because:		
	- Love basketball	85	42.50
	- Be aware of the role and effect of basketball training	43	21.52
	- Other judgments	72	36
3	Practice time Student basketball club		
	- 2 sessions/week (5 p.m - 7 p.m)	168	84
	- More than 2 sessions/week ((5 p.m - 7 p.m)	32	16
4	Situation and reasons for not participating in the basketball club of students:	65	32.5
	- I have never participated in basketball practice, so I have not registered to participate.	55	27.5
	- Haven't arranged the time to join the practice	22	11
	- Unsatisfactory facilities	15	7.5
	- Unsuitable health	11	5.5
	- Due to the cost of joining the club.	32	16
	- Other causes		

From the results obtained in Table 4, it shows that: Up to 72.5 % of students are aware of the need for a student basketball club; most of them register to participate in basketball practice because they love basketball. 1 part is aware of the role and effects of sports training. The rest have not registered to practice because basketball is not a popular sport in Thai Nguyen, so they are still hesitant to register to participate, some are because they have not been able to arrange training time and strength. Inappropriate health and other causes. It can be seen that most students are hesitant and rarely participate in extracurricular sports activities, facilities do not meet the training needs, the attention of the school and management levels has not met the requirements set forth. These are the reasons that affect students' participation in extracurricular sports clubs in general and student basketball clubs in particular.

From the assessment of the above situation, we conduct research, collect, synthesize, and analyze documents related to the research issue, and at the same time, through reference and actual observation of participating in foreign sports clubs. Student's course at Thai Nguyen University of Technology, the topic has been determined and the first wish export history Using 8 measures to improve the performance of the student basketball club of the school. In order to have an objective and accurate selection of the most appropriate and comprehensive measures, we conducted interviews by questionnaires with experts, lecturers of physical education at universities and colleges, officials Sports are working in Thai Nguyen province. The results of the interviews are presented in Table 5.

**Table 5. Results of the interview with the priority level to propose solutions to develop basketball clubs for students of Thai Nguyen University of Technology (n=32)**

Ordinal	Solution Result	Very necessary		Necessary		Unnecessary		Total score
		Times	Point	Times	Point	Times	Point	
1	Investment, renovation, construction and maximum exploitation of facilities to serve the club's training activities.	32	64	0	0	0	0	64
2	Strengthening political and ideological education and raising awareness about the meaning and role of sport for students in schools.	28	56	4	4	0	0	60

3	Strengthen professional training for the teaching staff of physical education.	20	40	7	7	5	0	47
4	Expand and strengthen the organization of extracurricular activities, building clubs Sports for students.	30	60	2	2	0	0	62
5	Remuneration and incentive regime for coaches and students when participating in basketball club activities and other sports clubs in the school .	32	64	0	0	0	0	64
6	Strengthen coordination with departments, Youth Union, team of homeroom teachers.	29	58	3	3	0	0	62
7	Invest funds for the basketball club in particular, the student sports club in general	12	24	10	10	10	0	34
8	The school arranges appropriate study time, creating conditions for students to participate in extracurricular sports clubs.	5	10	11	11	16	0	21
9	Renovate the content of the regular school hours, make basketball a compulsory subject.	6	12	8	8	18	0	20

Note: Score by degree: Very necessary: 2 points; Necessary: 1 point; Unnecessary: 0 points.

From the results obtained in Table 5, the topic has selected 5 solutions to improve the operational efficiency and develop the student basketball club at Thai Nguyen University of Technology. The number of votes at the important and very important level achieved a score of over 60 according to the set interviewing principles. Those are the solutions:

- 1). Strengthening political and ideological education and raising awareness about the meaning and role of sport for students in schools.
- 2). Investment, renovation, construction and maximum exploitation of facilities to serve the club's training activities.
- 3). Expands and strengthens the organization of extra-curricular activities, builds sports clubs for students.
- 4). Strengthen coordination with departments, Youth Union, and homeroom teachers
- 5). Remuneration and incentive regime for coaches and students when participating in basketball club activities and other sports clubs in the school.

### III. CONCLUDE

Research results on the current status of activities of the student basketball club at Thai Nguyen University of Technology show that: The club's activities are still fragmented, have not yet attracted students to participate, and management The club and coordination with functional departments still have many shortcomings; Most of the club's coaches are young and have high professional qualifications, so this is a great advantage to build and develop the club. However, due to the limited physical facilities, it significantly affects the training and marking activities of the club.

On the basis of analyzing the situation and causes, and through interviews, we have selected and proposed 05 solutions to develop the basketball club for students at Thai Nguyen University of Technology of practical significance high bow.

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*\*Corresponding author: Luu  
(Thai Nguyen University of Technology, Vietnam)*